

# Boulder Ponds

Community News

December 2024.



*Happy December friends & family!*

**Here at BoulderPonds, we feel truly blessed to share the holiday season with each of you. Your presence fills our home with warmth, joy, and love, and we are deeply grateful for the laughter, kindness, and wisdom you bring to our lives every day. As we celebrate this special season together, we hope the holidays are as bright and beautiful as the love and light you share with us all year long.**





# Whats New?

## Welcome, Carrissa!

**We are so pleased to announce that Carrissa has officially begun her new role as Legacy Suites Activity Coordinator! Carrissa has already made a wonderful impact in Legacy Suites, and we are beyond grateful to have her step into this new role. Her dedication, creativity, and warmth have already brought so much joy to our community, and we look forward to all the amazing things she will continue to do for our community members!**

## 25 Days of giving food drive!

**From December 1st through 25th, we will be hosting a non-perishable food drive to give back to our community. Please bring your donations to the front desk, and your name will be entered into a drawing for a gift card! All donations will benefit The Open Cupboard in Oakdale, helping families in need. Thank you for your generosity and for helping BoulderPonds spread warmth and kindness this holiday season!**



## **Jingle & Mingle Holiday party!**

**Come spread some holiday cheer with us on December 19th from 4 PM to 6 PM! We're celebrating with festive drinks, yummy food, cozy holiday movies, and so much more! It's going to be a heartwarming time full of laughter and joy, and we'd love for you, your family, and your friends to join in the fun! Bring your holiday spirit and let's make this season extra special together!**

## **December Craft Fair!**

**Join us on December 13th & 14th for the December Craft Fair! Stop by to see the amazing artwork your friends and neighbors in the community have been working on. It's a fantastic chance to support local talent, discover unique pieces, and maybe even find something special to take home, for someone special!**



## **Building wide Rent Increase**

**effective January 1st, 2025, there will be a rent increase of \$100 for all community members. Letters regarding this increase have been mailed out along with the December statements. We appreciate your understanding and continued support. If you have any questions or concerns, please don't hesitate to contact our office. We truly appreciate your cooperation and are grateful to have you as part of our community.**



Join Us For



*255 Days of  
Giving  
Food Drive*

All items will be donated to the  
Open Cupboard in Oakdale!  
<https://opencupboard.org/>

DEC 1ST - DEC 25TH

HOW CAN YOU HELP?

BRING NON-PERISHABLE FOOD ITEMS  
TO THE FRONT DESK TO BE ENTERED  
IN A DRAWING FOR A GIFT CARD!

*Spread the Joy!*

Boulder Ponds Senior Living  
192 Jade Trail N.  
Lake Elmo, MN 55042



[boulderpondsseniorliving.com](http://boulderpondsseniorliving.com)



19  
DEC

# Jingle & Mingle *Party*

JOIN US FROM 4-6PM FOR SOME HOLIDAY  
FUN FOR THE WHOLE FAMILY!

SNACKS & REFRESHMENTS

PHOTO BOOTH

COMMUNITY TOURS

HOLIDAY MOVIES

LETTERS TO SANTA

ORNAMENT DECORATING

**BOULDER PONDS SENIOR LIVING**

192 Jade Trail N, Lake Elmo, MN 55042

Phone: 612-431-2430

Website: [boulderpondsseniorliving.com](http://boulderpondsseniorliving.com)





*Join us!*

★  
**DECEMBER  
CRAFT FAIR!**



**DECEMBER 13TH & 14TH  
12:30-3:00PM!**

**CASH ONLY!**



# **News From Nursing**



**Our dedicated Nursing Team is onsite Monday through Sunday 7 days a week, Ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk as we will transfer you to someone who can assist you.**



## **Protecting Ourselves During the Cold Season**

**As the colder weather and flu season approach, it's crucial to stay safe and take precautions. We encourage all community members who did not participate in our vaccination clinic to get vaccinated through other available options, as we will not be holding another clinic in the near future. Let's all work together to stay healthy and protect ourselves and others during this time.**



# Maintenance



**Jay, our Maintenance Head is onsite Monday Through Friday to tackle any maintenance issues you may have, Big or small!**

- **For any maintenance, appliance, or technology-related issues, or if you just need a hand with something around the house, please contact the front desk to submit a request.**

# Housekeeping



**Robb our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to make our building sparkle and to lend a hand whenever you need assistance.**

- **For Housekeeping needs or scheduling please contact the front desk for assistance.**



# Dining



- ***December menus can be found in the 2nd floor dining room and viewed in both elevators.***

**Questions regarding meal delivery service, can be answered by the dining staff, Home Health Aids or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose our head of Dining Services on Tuesday, December 17th 1:30pm in the First Floor Community Room.**

# Spiritual



- ***Virtual church services are held every Tuesday at 10:00 AM in our first-floor community room.***

**As the holidays approach, we recognize the importance of having a chaplain, and we understand the emptiness that can come from not having one in our community. If you're seeking additional services or just in need of some spiritual support, please reach out to CC for extra resources and ways we can assist you.**



# Community Life



**Happy December!!! With the holidays just around the corner, my heart is full of gratitude and joy to be able to share this special time with all of you!**

**As the weather turns colder and the days grow shorter, let's embrace the season by trying a new activity or two and filling our days with warmth and happiness. I'm so excited for our Holiday Party, a fun trip to Treasure Island Casino, cozy craft projects, and so much more. I truly look forward to all the moments we will share together this December.**

**If you have any questions, concerns, or ideas for new activities, please feel free to reach out to CC –i'd love to hear from you!**

- ***Please remember to check your first-floor mailboxes next to the elevators for your monthly activities calendar. Additionally, you will find the weekly schedule posted in both elevators and at the front desk.***



## Assisted & Independent Living

# Upcoming outings & Events-



- **December 6th - Cub Foods shopping trip**
- **December 10th - AL\Legacy Suites Family Council**
- **December 11th - Treasure Island Casino trip**
- **December 13th/14th - December Craft fair**
- **December 16th - Resident council**
- **December 17th - Chef Chat**
- **December 19th - Jingle and Mingle holiday party**
- **December 31st - New Year's Eve Happy Hour**



# Legacy Suites



**We are absolutely overjoyed to share that Carrissa has officially started her new position in Legacy Suites, and she is already settling in beautifully! We feel so blessed to have someone as kind, caring, and loving as Carrissa in this role. From the bottom of our hearts, we want to thank each and every one of you for your patience, understanding, and grace during this transition. As we embrace the warmth and joy of December, we're thrilled to celebrate this special season together. We look forward to enjoying festive music with Megan, drumming sessions with Carolyn, creative painting classes with Alyssa, our Jingle & Mingle Holiday Party, delicious Christmas treat baking, and so much more. Let's make this holiday season one to remember, filled with joy and love!**

- ***Legacy Suites calendars are available next to the bulletin board in our unit, and copies will also be placed in community members' apartments for your convenience.***



# Legacy Suites

## Upcoming outings & events-



- **December 10th: Music with Megan**
- **December 10th: AL\Legacy Suites Family Council**
- **December 11th: Christmas Painting Class with Alyssa**
- **December 17th: Drumming with Carolyn**
- **December 19th: Jingle & Mingle Holiday Celebration**
- **December 24th: Christmas Eve Celebration**
- **December 31st: New Year's Eve Mocktail Celebration**







